



Who is Walking Free ministry for?

Walking Free ministry is for people who are followers of Jesus, who believe in God as Healer and Jesus as Lord and Saviour. You do not have to be a full on Christian to receive God's healing love. Church going is not a pre-requisite for ministry.

What does Walking Free pray for?

We pray for the healing of the whole person. Healing can cover a range of areas so we seek to deal with all the issues that have damaged a person's life.

This will include:

- Physical and emotional healing of relationships.
- Healing from abuse.
- Repairing damage done by others to our souls.
- The release from strongholds that have held back a person's life.

The Prayer Process

- Break:

1. Ungodly connections
2. Generational sin
3. Curses of God

4. Curses of others

- Renounce:

1. Inner vows
2. Unforgiveness to others and self

- Remove Bitter roots
- Heal fragmented parts

What are ungodly connections?

Is not this the fast that I have chosen: to loose the bonds of wickedness, to undo the bands of the yoke, and to let the oppressed go free, and that you break every yoke? (Isaiah 58:6)

Ungodly connections produce a stronghold on a person that can affect their physical and emotional health. They are created through sin, either by the person or other people, present or past. Satan uses the connections to gain power over the person to injure their life. They can come in through the generations. They can come in through unhealthy ties to people or organizations. They can come in when a person has visited foreign countries or from places where they have participated in religious activities with groups, sects or cults.

What is generational sin?

And the Lord went past before his eyes, saying, The Lord, the Lord, a God full of pity and grace, slow to wrath and great in mercy and faith; Having mercy on thousands, overlooking evil and wrongdoing and sin; he will not let wrongdoers go free, but will send punishment on children for the sins of their fathers, and on their children's children to the third and fourth generation. (Exodus 34:6-8)

Your spiritual heritage through your family, good and bad, can affect you and future generations.

The bad can come in the form of :

- diseases both physical or mental
- patterns of destructive behaviour

Sin practices may be handed down from generation to generation.

Satan can use this heritage to place individuals in each generation in bondage.

What are curses?

Now if you give ear to the voice of the Lord your God, and keep with care all these orders which I have given you today, then the Lord your God will put you high over all the nations of the earth: (Deuteronomy 28:1)

But if you do not give ear to the voice of the Lord your God, and take care to do all his orders and his laws which I give you today, then all these curses will come on you and overtake you: (Deuteronomy 28:15)

Curses are words spoken, written or uttered inwardly by yourself and others.

Curses can come as a consequence of family members breaking the law of God.

They are called God's curses and are outlined in Deuteronomy 28.

The consequences of breaking God's laws can be reaped by future generations if they are not dealt with by asking for God's forgiveness of what has happened.

Curses can come from other people who speak negatively over our lives in some way.

Curses come from Satan's followers who seek to break down Christians, their marriages and their churches.

What are vows of secrecy and silence?

"Again, you have heard that it was said to those who lived long ago, 'You must not swear an oath falsely,' but 'You must fulfill your oaths to the Lord.' But I tell you not to swear at all, neither by heaven, because it is God's throne, nor by the earth, because it is his footstool, nor by Jerusalem, because it is the city of the Great King. Nor should you swear by your head, because you cannot make one hair white or black. Instead, let your word be 'Yes' for 'Yes' and 'No' for 'No.' Anything more than that comes from the evil one." (Mat 5:33-37)

Vows of secrecy and silence are promises that an individual makes so that they or people that they love are not harmed.

These promises are normally made by people who have been abused in some way.

Part of the abuse is the threat of life if they tell anyone.

These vows can put the person in denial that nothing had really happened. These vows trap the person into lies and deceit. These vows keep that which is bad, secret and hence Satan has a hold on anything that is hidden.

What are inner vows?

"Again, you have heard that it was said to those who lived long ago, 'You must not swear an oath falsely,' but 'You must fulfill your oaths to the Lord.' But I tell you not to swear at all, neither by heaven, because it is God's throne, nor by the earth, because it is his footstool, nor by Jerusalem, because it is the city of the Great King. Nor should you swear by your head, because you cannot make one hair white or black. Instead, let your word be 'Yes' for 'Yes' and 'No' for 'No.' Anything more than that comes from the evil one." (Mat 5:33-37)

The heart of inner vows is that we judge the behaviour in another person and we make a

promise to ourselves not to be like that.

The inner vows' strength is such that it affects the mind, will, emotions, soul and body.

Inner vows mainly fall into four categories:

I shall never.....marry a man like my father, trust a _____, be a missionary, have children, depend on others, give in, be taken advantage of...

I shall always.... be strong, be in charge, be on my guard, be wealthy, be nice, be submissive, be safe, be an expert on everything....

I must _____ **or else** _____ get 100% or I am a total failure..

If I ever _____ **then I'll** _____ make a mistake in public - I will die..., If I get married - I will go crazy,

The problem with such vows is that they remain a permanent part of our psyche and affect our future actions.

What are bitter roots?

Pursue peace with everyone, as well as holiness, without which no one will see the Lord. See to it that no one fails to obtain the grace of God and that no bitter root grows up and causes you trouble, or many of you will become defiled. (Hebrews 12:14,15)

Bitter roots consist of traumatic experiences of pain, distress, disappointment, guilt, that starts the seed of bitterness growing.

Without resolution to that trauma, the bitter memories and how we represent those memories in our minds-and-bodies can keep a person continually torn up with that pain. So it grows like a poisonous root and as it does it makes toxic and bitter more and more facets of the person's life.

What is forgiveness?

“Forgive us our sins as we forgive those who have sinned against us” (Matthew 6:12)

Forgiveness is one of the main keys to healing.

God has forgiven us through the death and resurrection of Jesus, so he asks us to pass that forgiveness on to others.

This is not easy. God allowed His son to be tortured and crucified to pay the debt of people's sins.

What is fragmentation?

In Isaiah 61:1 (quoted by Jesus in Nazareth at the beginning of his ministry in Luke 4:14f), the Messiah is sent to bind up the broken hearted or those “shattered in heart and mind”.

Fragmentation (often called Dissociation) is God's defense mechanism where the soul of the person shatters into pieces or parts as the soul can't process the fear and trauma that the body has or is experiencing.

In our prayer ministry, Jesus meets the parts, talks to them, heals them, then joins them back, growing them to the same age as the person now.

What happens in the ministry?

We pray for people face to face or over the phone or Skype. The sessions take about 90 minutes. We begin the session with prayer to protect everyone from Satan and his designs.

We pray to remove the Generational patterns to be removed by asking the client to pray a prayer of repentance of their generations. We then through Jesus isolate the specific patterns that need to be removed. We specifically deal with any Freemasonry connections. We also have to ask Jesus to deal with the power that Satan has gained over the generations.

We then ask the client to pray through general prayers covering curses; vows and inner vows; forgiveness of others and self. The team then cancels out the curses through a prayer.

The client with the aid of the team unlocks the vows that they have made and the lies that they have believed about themselves. Then we go through the specific forgiveness of people by saying the words of forgiveness; downloading to Jesus the poison that has been accumulated and then removing the cord from the toxic relationship that has been created.

We also pray that the alarm in the brain be switched off. We then ask Jesus for a spiritual picture of the client's heart to understand their struggles and then pray that Jesus heals the heart. We then pray to remove the bitter roots that have grown in the heart.

In the second ministry (normally) we move to heal the fragmentation by asking Jesus to bring them out and then heal them. One of the prayer team sees Jesus ministering to the fragmented parts.

Through out the ministry we command any demons that are attacking the client or has a foothold to go to the feet of Jesus for judgment. As we bind then at the beginning of the session, their expulsion is quiet and has no effect upon the client.

We normally pray for a person for 3-5 sessions.

What is the cost of ministry?

We ask for a donation of \$70 per session if the person can afford it. If the person is unable to afford this donation, we ask that the person contribute what they can afford. Donations are paid into a bank account or give in cash. The donations just cover the insurance costs of this ministry. The salaries of John and Liz are paid through the gifts of sponsors. These sponsors receive a tax deduction for their gift.